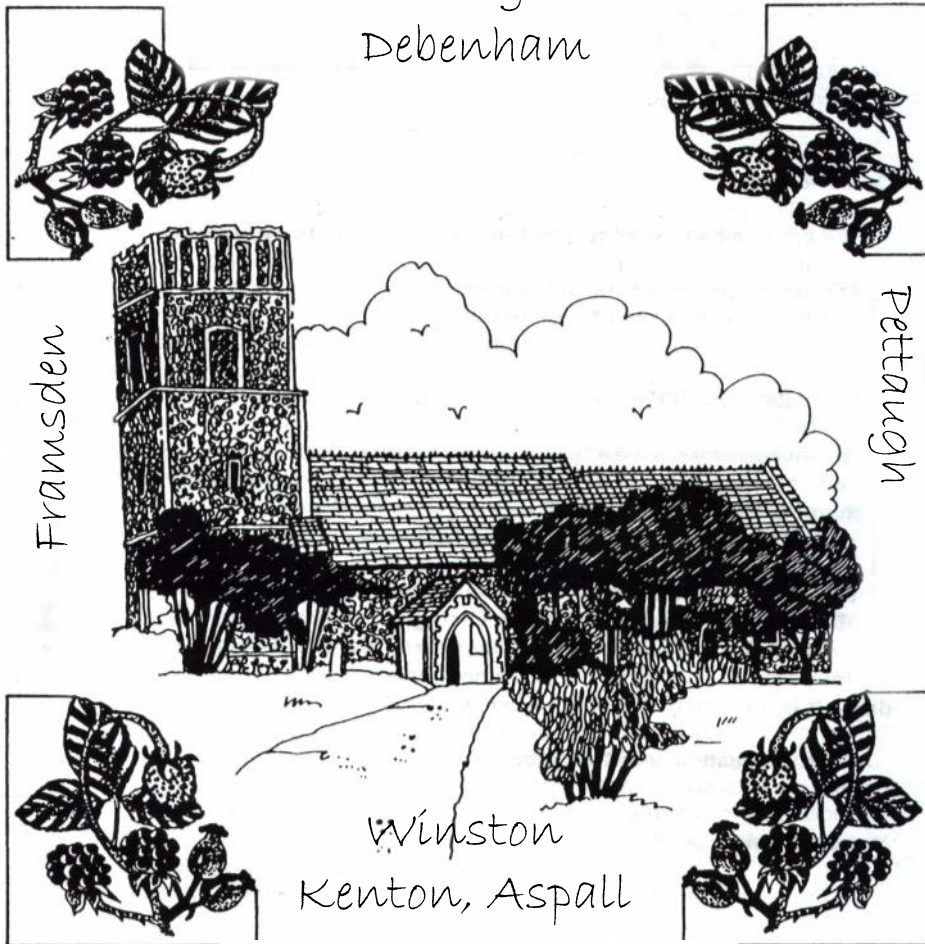


TOGETHER

Autumn 2019

September to November
Distributed free within the Benefice

Helmingham
Debenham



THE BENEFICE OF
DEBENHAM & HELMINGHAM

From the Rector

I walked the dog early this morning, before the heat of this late summer day became oppressive for human and fluffy dog. As I strolled along a leafy lane, the end of summer in sight, my mind turned to what it means, in our current culture, for us humans to age. I was thinking that a generation ago it seemed that people at least talked about taking early retirement. In fact, I know several people who were able to do so. These days the retirement age is getting later and later. And although we might be fitter and be living longer, there is a general complaint that I think doctors hear time and time again, and that is of tiredness. I wonder if there is a correlation.

My route took a right turn, across a small bridge which spans a summer dry stream, and up a slight incline between two golden fields. I marvelled at the difference in the colours of each. The deep, brassy golden of the barley and the whiter golden of the wheat. The heads of the barley had long since turned downwards; many stems damaged or broken. I wondered when it would be harvested. It seemed more than ready; weary even.

And as I took another right, the poplars rustling above my head, my thoughts went to Jesus and how he liked to talk about wheat. His many references to, and parables about where seeds are planted and about when the wheat is gathered and sifted. And, in John's gospel, Jesus tries to explain something of his own death by saying that unless a grain of wheat falls into the earth and dies, it remains just a single grain, but if it dies, it bears much fruit.

I wondered about the weary barley and what would become of it. Animal fodder? Beer perhaps? Eaten by us humans in soups and stews this winter? Each ear has many grains, all grown from a single grain; multiplied and now awaiting its fate. Some of it, somewhere, will become the grain drilled in the autumn months; planted so as to grow a new generation.

At the last right turn the path becomes a grassy track leading back down to the houses and the people getting in cars and heading for work. The rhythm of our days, the patterns of our seasons, the nature of being, the paths we walk.

Susan Bates

PETTAUGH

The Benefice service was held on the 30th June in St Catherine's church. The church was filled with sixty worshippers for the Holy Communion service which was led by our Rector, the Reverend Susan Bates.

Our **Harvest Service** and Holy Communion service will be held on **Sunday 8th September at 11.00 am**. The service may be held in the meadow but will be weather dependent. Further details will follow nearer the time.

The **Annual Ride and Stride for Suffolk Historic Churches** will be held on **Saturday 14th September**. Anyone wishing to take part can contact our local

Deanery Quiet Day

led by Rev'd Dr John Parr

9th September 2019

Crow's Hall, Debenham, IP14 6NG

10.00am - 3.30pm

Tea and coffee provided
Please bring your own lunch and Bible

Contact Rev'd Susan Bates to book
01728 860222 revsusanbates@icloud.com

No charge, but donations most welcome



LOES DEANERY

memorial and the limestone walls which were in a fragile state. The base then had to be re-laid and the entire structure reassembled and cemented with traditional lime mortar after the four walls had been secured by specially crafted stainless steel pins. Brickwork was constructed inside the monument to provide strength to the structure which should last another 150 years. In the restoration process a marble memorial tablet to the Sillett family was discovered after resting undisturbed in the ground for 120 years. A decorative metal pole was also uncovered, the sole survivor of a fence around the monument which had been removed as part of the metal collection for the Second World War. During the past quarter, repairs to the roof of the church nave and ceiling have been carried out by professional contractors.



Evensong at Pettaugh

Third Saturday each month

Said Evensong at St Catherine's Pettaugh at 5.30 p.m. The service should last around half an hour at most. All are welcome.

organiser, Ruth Crane (01473 890526) for details and sponsorship forms.

Our grateful thanks go to all the ladies who take it in turn week by week throughout the year to arrange the floral displays in the church which add so much to the beauty of the church. We are grateful to Gordon for regularly mowing the church yard which always looks neat and well-tended. Franceys carefully tends the Garden of Remembrance and the meadow with its colourful display of wild flowers which provide welcome nourishment to butterflies and other insects. Franceys has also completed a demanding restoration of the large 150-year old monument in the churchyard which was in danger of collapsing. The task first required removal of the heavy York slab which covered the

HELMINGHAM

Harvest Festival Service will be held on **Sunday 22nd September at 9.30 am**. Our group of flower arrangers is becoming depleted. If anybody would like to join the small team to decorate the Church, on Saturday 21st, you would be very welcome. Flowers are kindly donated from Helmingham Hall Gardens. If you think you might be interested please ring Vera (01473 892502) or just drop into the Church after 10am.

The south west chancel window which has been boarded up since December 2017 should be restored by September 2019. A successful application to the Taylor Review Scheme resulted in £5,318 being awarded towards the cost of repairs to the window together with the replacement of some roof tiles and minor but-tress repairs. The Taylor Review Pilot Scheme operates through Historic England.

Best wishes to Hannah (nee Forsdike) and Peter, big sister Sylvia and families of Angela Frances Cheadle who was baptised on July 21st. The church was full with many young parents and their very well behaved children, who took part with great interest singing happily the hymns chosen from Mission Praise by the family. Rev Susan had produced a Service Sheet combining the Baptism with Holy Communion and Mark Trevitt gave a short sermon on the Gospel Reading about Martha and Mary.

Historic Churches Sponsored Bike Ride 2019 will be taking place on **Saturday 14th September**. For more details please contact Dr Haas on 01473 785381.

WINSTON

A very big Thank You to everyone who supported our Annual Fete and Craft Market in June, raising just over £2,500 for St Andrew's Church and Schoolroom. We thank everyone who helped in any way: site preparation, putting up the marquee, helping with stalls and sideshows, providing the amazing variety of cakes etc. and to everyone who braved the weather and attended on the day. A special thank you goes to Sandra Baker who worked tirelessly selling the draw tickets and obtaining the draw prizes. As always, business people and others were very generous with their support and many of these are outside the village but they are very willing to donate their prizes. We couldn't do it without them—so many thanks.

On Friday 28th June, Winston Church was the sunny setting for the third summer concert *Summer Sensations* by the Black Barn Singers, led by Pam Vinten-Phipps and their accompanist Francesca Reid. A special mention goes to Alice Bates who sang so beautifully in front of a full church. Everyone enjoyed the singing, Pimms and nibbles. The concert raised £400 for Parkinsons UK and £60 for Winston Church. We hope Pam and the singers will hold another concert next year. The annual **Suffolk Historic Churches Trust's Ride and Stride** event takes

place on **Saturday 14th September**. If you would like to take part or be willing to record our visitors, usually in one hour shifts. Please let Kate or Brian Branch know (01728 861004). A book, cushion or duster might come in handy!

A **Pet Service** is to be held in Winston Church on **Sunday 15th September at 2pm**. You do not need a pet to come to the service as all are welcome. After the service there will be a Pet Show around the Schoolroom, organised by Debenham Vets. Refreshments will also be available. Please call Rev Susan Bates or Veda for more details. **Please note no evening service on that Sunday.**

Our **Harvest Festival** takes place on **Sunday 22nd September at 11am**. We hope the flower arrangers will work their magic as in previous years. Please ring Emma 01728 861303 if you would like to help.

The Service of Remembrance on Sunday 10th November starts at 10.55am.

We are planning to hold our second **Early Bird Christmas Market** on Saturday **16th November** in the Church and Schoolroom from 11am. Entry and Car Parking will be free. Light refreshments will also be available. Money raised will go towards the Church and Schoolroom funds. To book your stall and for more details phone or email Kate Branch.

A warm welcome goes to Keith and Maureen, and Jim and Alison who have all moved to Bakers Lane, Winston Green. We hope they will all be happy living in our village.

FRAMSDEN

Several events have taken place this summer and, in the main, were well supported.

Lord and Lady Tollemache opened Framsdén Hall and its gardens to public scrutiny!!! The evening was thoroughly enjoyed by all who attended. Our thanks to Lord and Lady Tollemache.

Our Village Fete was an enjoyable experience with several highlights. The Dog Show always brings a smile to everyone's face. Food and drink were popular and the raffle prizes were brilliant as always. Many thanks to everyone for your involvement and your support.

The concert by The Pastoral Quire was enjoyed by an appreciative audience ; our



thanks to you all.

Our Open Air Service in the lovely setting of Eade's Orchard was led by our vicar Susan ; we all enjoyed being in the presence of Mother Nature.

Our Autumn programme looks good.....more news later.

ASPALL

Game Supper 30 November 7.30pm

DEBENHAM

Heads Up—Table Top Sales are back!

Saturday 24th August. 10am 'til 12pm

At Dove Cottage. Bring out your goodies, sell or swop. Table fees £5 in aid St. Mary's Church. Contact John on 01728 861736 to book your space. Two hours to rummage and find that hidden treasure. Refreshments available. "The sun will shine and the Team will play!".

St Mary's Autumn Fete

22 September 2-4pm.

St Mary's Christmas Bazaar

30th November 2-4pm. Contact Peter Holme with your ideas on different stalls/activities

Debenham Library

Our next Film Evening is as follows:-

Friday 13 September: *Evita*

The film adaptation (1996) of the hit Broadway musical based on the real-life story of Eva "Evita" Duarte de Peron, a B-picture Argentinian actress who rose from poverty to eventually become the wife of Argentinian president Juan Perón, and the most beloved and hated woman in Argentina. "Worshipped by a nation... she wished to be known as a saint." Her huge political influence and constant charity works earned her scorn and fear from the military and upper classes but adoration and love from the workers and descamisados.

Featuring **Madonna, Jonathan Pryce, Antonio Banderas**. Directed by **Alan Parker**. 135 Minutes, Cert PG.

Tickets: £5, Bookings: 01728 861940 / 07507 802360 or Debenham Library. Also from Webster's Newsagents. Doors open 7pm, film starts 7.30pm. Licensed Bar, Ice creams. Car Parking available.

Sunday Afternoon Teas, 2-4pm

Once a month in the summer tea, scones and cakes will be served. And you're allowed to chat! 15 September, possibly October and later too.

Books, DVDs, Newspapers, WiFi, Computers, CDs, audiobooks, downloadable music/

audiobooks/ebooks, free reservations, drinks. The room is available for hire outside opening hours.

Tuesday 0930 am – 1300 pm
Wednesday 1500 – 1930 pm
Saturday 0900 am – 1300 pm
Sunday 1200 – 1600 pm
Tel: 01728 861940

www.suffolklibraries.co.uk/libraries/debenham-library
Facebook: Friends of Debenham Library

Suffolk Libraries: Mobile Library Routes (every 4 weeks)

Aspall Church, Thursdays 1045-1100

Debenham, Gracechurch Street/
Henry Street 1115-1145

Framsden Village Hall, Thursdays 1400-1415

Helmingham Forge, Thursdays 1240-1250

Kenton, Garney's Close, Thursdays 1220-1235

Pettaugh, Old Bull, Fridays 1535-1555

Debenham Shed

We have a well-equipped 40' container with workbenches and a good collection of hand and power tools. Open Friday afternoons from 2-5pm. Also some Saturdays by appointment (contact one of the officers below).

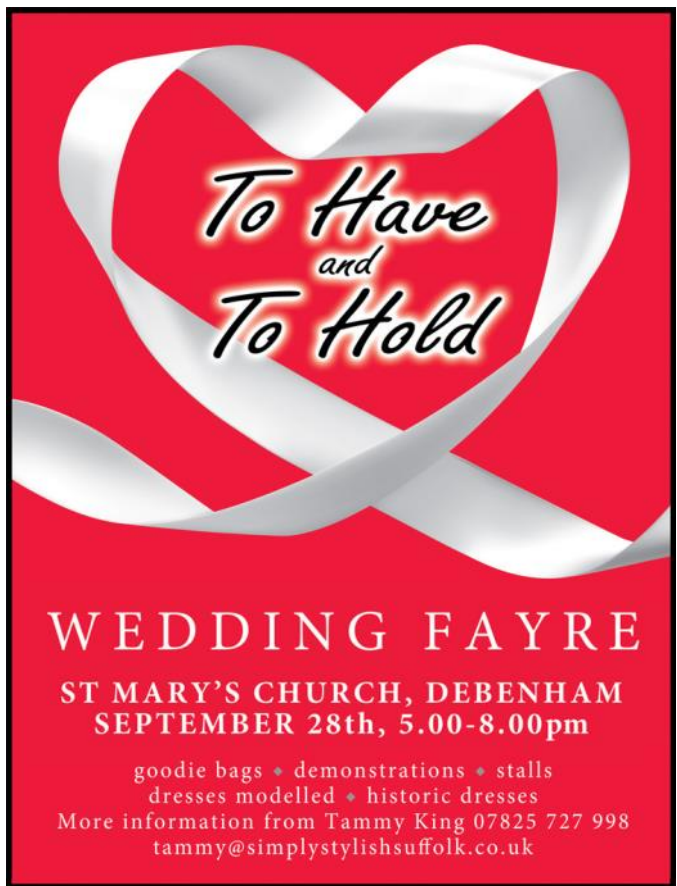
The Debenham Shed is at 2 Fields, Low Road (IP14 6BJ). Debenham Shed Officers: Les Wright 07793 470694, Bernard Rose 07950 402928, Tony Hutt 07906 614328 (to receive regular news by email contact tony@tonyhutt.co.uk).

Our Facebook page is www.facebook.com/groups/DebenhamShed. Affiliated to UK Men's Shed Association.

Editor's notes

The Copy deadline for the next *Together* (December-February) magazine is **25 October**, normally published about two weeks later. Quarterly, A5 format. 700 copies printed and collated on Rizograph stencil copier, distributed free by members of Winston church.

Send copy to the editor by email, email attachment (Word or Publisher formats preferably); Adobe PDF format may be suitable. Photographs do not reproduce well but graphics are usually OK. If you can't do any of these send the copy in the post.



*To Have
and
To Hold*

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SEPTEMBER 28th, 5.00-8.00pm

goodie bags • demonstrations • stalls
dresses modelled • historic dresses

More information from Tammy King 07825 727 998
tammy@simplystylishsuffolk.co.uk

Editor: Tony Hutt, Email: tony@tonyhutt.co.uk Tel (01728) 860173. 19 Priory Lane, Debenham, Stowmarket, Suffolk, IP14 6QD.

Advertising payments to Kate Branch, The Red House, Winston, Stowmarket IP14 6LG Tel (01728) 861004 Email: cmcbranch@btinternet.com (payable to Winston PCC).1/8 page for £20 p.a. (4 issues); ¼ page for £40 p.a.; ½ page for £80 p.a. Send advertising enquiries and advertising copy to Tony Hutt.

This magazine is published online at www.achurchnearlyou.com/debenham and earlier copies are available at www.issuu.com/tonyhutt.

Citizens Advice – here to help!

Leiston Citizens Advice gives free advice, help and support to hundreds of people throughout East Suffolk every year. We advise across a wide range of issues including benefits, debt and money, employment, housing, consumer problems, utility issues, relationships and family problems.

On an everyday basis our advisers help clients make and manage benefit applications, including Universal Credit, and advise on benefit appeals. We support and help clients through managing and dealing with their debts, and we guide clients through the issues they face when relationships break down, or they face separation or divorce. We are there to help in emergencies when people become homeless, are escaping abuse or have nothing to eat. We are also the first point of contact for people who have a consumer problem, for example, with repairs or something they have bought.

The majority of Citizens Advice advisers are trained volunteers. In our East Suffolk Leiston office volunteers have the back up of a small group of paid staff—a manager, two supervisors and a dedicated money advice specialist and assistant.

Our main office is in Leiston and we hold outreach sessions in Woodbridge, Saxmundham, Aldeburgh, Wickham Market, Alderton and Framlingham. We work from GP surgeries, libraries, children’s centres and community centres in an effort to reach isolated communities and address poor public transport in the rural areas of Suffolk.

Anyone who needs to contact us can drop in – no appointment necessary. Our Leiston office is open on Mondays, Tuesdays, Thursdays and Fridays between 10am and 2pm. Our outreach offices are open at different times throughout the week – for information phone 01728 832193 or check www.leistoncab.org for venues and times.

Finally, a word about Citizens Advice volunteers. Citizens Advice is always looking for new volunteers, including to help with fund-raising. If there is anyone in the parish who would like to talk to us about volunteering – there are a range of roles available – please be in touch with our Manager, Martin Jones, at bureau@leistoncab.cabnet.org.uk or give him a call on 01728-832193.

Debenham Scottish Country Dancing Classes

Scottish Country Dancing is enjoyable, sociable, interactive and helps you to

keep fit, in both mind and body.

Remember *The Dashing White Sergeant* or *Gay Gordons*? Have you been to a Burns Night but wished you had known some of the dances? Then this may be the class for you! The class includes a gentle warm up, walking through the dances, and dancing to music.

Dancing is every Tuesday evening (from 17th September 2019, to mid-May) at 7:30 p.m. to 9:30 p.m. at Debenham Leisure Centre, Gracechurch Street, Debenham, Stowmarket IP14 6BL. The cost is £3.50 per session. (It is a totally voluntary activity, non-commercial; the payment goes directly to the leisure centre.)

There is no need for special kit, or any previous experience—just bring your trainers or soft shoes. Come on your own—you don't need to bring a partner (everyone mixes in). You would be sure of a warm welcome for an introduction to Scottish country dancing at Debenham.

For more information contact:-

Bridget Hague on 01449 760619 (or email bridgethague@me.com)

Martin Tickler on 01379 586068 (or email martintickler@hotmail.com)

John Lochner on 01284 753928 (or email johnlochner@waitrose.com)

There is more information on this website:

www.ipswichscottishdance.org/drupal/debenham

Useful Village and Church Links

Benefice:	www.achurchnearyou.com/church/2311/benefice
Facebook:	www.facebook.com/debenhamandhelmingham
Instagram:	www.instagram.com/debenham_helmingham_benefice
Debenham website and PC	www.debenham.onesuffolk.net
Framsden PC	www.framsden.onesuffolk.net
Framsden village	www.framsden.org.uk
Winston website and PC	www.winston.onesuffolk.net
Pettaugh website and PC	www.pettaugh.suffolk.cloud
Framsden Baptist Church	www.framsdenbaptist.org
Forge Church (Debenham)	www.forgechurch.com

**The deadline for the next Together magazine
is 25 October**

Send copy to Tony Hutt, tony@tonyhutt.co.uk

John Bell at St Edmundsbury Cathedral

Saturday 26 October

International speaker, composer, broadcaster and minister—earmark this date for an inspirational day exploring the music of the Iona Community.

Full details of this and other events in the pipeline will be at www.inharmony.stedscathedral.uk

Come and Sing

Saturday 7 September

at St Michael's Church Centre, Martlesham Heath, 11am - 5.30pm

Join us for an informal singing day, exploring two contrasting pieces of choral music.

Captain Noah and His Floating Zoo, and *As the Hart Pants* - Mendelssohn

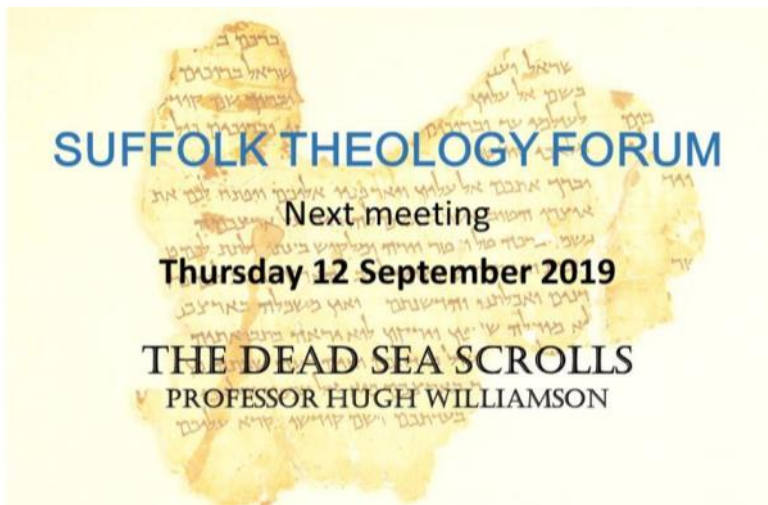
Two singing workshops (book by 1st September at www.cantusfirmus.org.uk, donation £14 or £5 for under 30s. Then at 4pm we will present an informal concert, open to all. Bring friends and family to hear what you have been up to all day!

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Exploring Christian theological issues in an open, non-partisan way

7.30pm-9.15pm, refreshments from 7pm

The following meeting on 7 November 2019, will be an afternoon meeting.
Time to be confirmed.

At Co-op Education Centre, Fore Street, Ipswich
Pedestrian entrance—11 Fore Street, Ipswich IP4 1JW. Walking distance from bus & train
stations. Free car park, entrance on Waterworks Street
Entrance £5 or free to student card holders. Open to all, no need to book

Queries and information:

Vanda Broughton, Forum Secretary: 01728 748280 or v.broughton@ucl.ac.uk

More information at www.stf.one. Also on Facebook

Messy Messiah

Saturday 7 December

St John's Church, Cauldwell Hall Road, Ipswich at 6.30pm

A unique performance of the first part of the most famous of all oratorios, Handel's Messiah. Written in 1741, Messiah has been at the forefront of choral repertoire ever since, and its popularity continues. But it is usually only experienced by adults. We aim to present a performance for all ages, by partnering with local schools to prepare art, dance and drama that will be presented alongside the music - all introduced by Mr Handel himself!

The choir will be accompanied by an orchestra of professional musicians, and the performance ends with a special version of the Hallelujah Chorus, in which children join with the adult choir.

A joint event with Cantus Firmus Trust and St Edmundsbury Cathedral's InHarmony project

Church services in the Debenham

September 2019	Helmingham	Framsden	Pettaugh
1st Trinity 11			
8th Trinity 12		11am Morning Prayer	11am Harvest Festival with HC
15th Trinity 13	11am Holy Communion	9.30am Holy Communion	
22nd Trinity 14	9.30am Harvest Festival		11am Morning Pray- er
29th Trinity 15		10am Benefice Communion at Framsden	
October 2019	Helmingham	Framsden	Pettaugh
6th Trinity 16			
11 th Friday			
13th Trinity 17		11am Harvest Festival	11am Holy Communion
20th Trinity 18	11am Holy Communion	9.30am Holy Communion	
27th Bible Sunday			11am Morning Prayer
November 2019	Helmingham	Framsden	Pettaugh
3rd 4 th Before Advent			
10th Remem- brance	9.30am Service of Remembrance	10.55am Service of Remembrance	10.55am Service of Remembrance
17th 2 nd Before Advent	11am Holy Communion	9.30am Holy Communion	
24th Christ the King			11am Morning Prayer

Morning Prayer every weekday at 9am in St Mary Magdalene, Debenham

am and Helmingham Benefice

Winston	Aspall	Kenton	Debenham
	8am Holy Communion		9.30am family@church
9.30am Morning Prayer		8am Holy Communion	9.30am Holy Communion
2pm Pet Service	8am Holy Communion	11am Morning Prayer	9.30am Holy Communion
11am Harvest Holy Communion	3.00pm Harvest Festival		9.30am Holy Communion
Winston	Aspall	Kenton	Debenham
	8am Holy Communion		9.30am family@church Harvest Festival
		18.30 Harvest Festival	
9.30am Morning Prayer		8am Holy Communion	9.30am Holy Communion
6.30pm Evening Prayer	8am Holy Communion	11am Morning Prayer	9.30am Holy Communion
11am Holy Communion			9.30am Holy Communion
Winston	Aspall	Kenton	Debenham
	8am Holy Communion		9.30am family@church
10.55am Service of Remembrance		8am Holy Communion & Act of Remembrance	10.45am Service of Remembrance
6.30pm Evening Prayer	8am Holy Communion	11am Morning Prayer	9.30am Holy Communion
11am Holy Communion			9.30am Holy Communion

n. This follows the Common Worship format and lasts about 30 minutes.

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For details contact Jo Calver, Helmingham 01473 890770,

email: jothereadhead68@gmail.com



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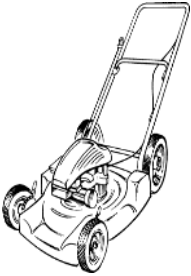
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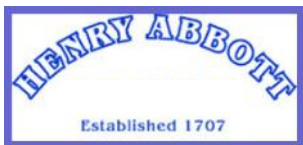
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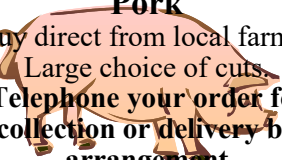
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Website : www.achurchnearyou.com/debenham (this page has links to the other churches in the Benefice, and Together is published online).

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